



Who is The Solutions Group?

The Solutions Group (TSG), a division of Presbyterian Healthcare Services, is the only regional organization that provides comprehensive wellness, workplace training and Employee Assistance Programs to organizations of all sizes.

TSG subscribes to the growing body of research that shows healthy, engaged employees are more productive, have higher morale, better job satisfaction, are more committed and perform their jobs better.

We specialize in delivering customized, innovative programs designed to promote employee wellbeing, regardless of an organization's health insurance carrier.

Our evidence-based programs and services are designed to help employees and their dependents improve their physical, mental and emotional health and reduce harmful risk factors that can lead to premature death and/or chronic disease.

Contact Information:

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